

# THE CODE

## *Intentions for a Better World*

To have The Code work in your life, say it once a day

### THE FIRST INTENT — SUPPORT LIFE

I refrain from opposing or harming anyone. I allow others to have their own experiences. I see life in all things and honor it as if it were my own. I support life.

### THE SECOND INTENT — SEEK TRUTH

I follow my inner compass and discard any beliefs that are no longer serving me.  
I go to the source. I seek truth.

### THE THIRD INTENT — SET YOUR COURSE

I begin the creative process. I give direction to my life. I set my course.

### THE FOURTH INTENT — SIMPLIFY

I let go so there is room for something better to come in. I intend that I am guided, guarded, protected, and lined up with the Highest Good at all times.  
I trust and remain open to receive from both expected and unexpected sources. I simplify.

### THE FIFTH INTENT — STAY POSITIVE

I see good, say good, and do good. I accept the gifts from all my experiences.  
I am living in grace and gratitude. I stay positive.

### THE SIXTH INTENT — SYNCHRONIZE

After intending and surrendering, I take action by following the opportunities that are presented to me. I am in the flow where Great Mystery and Miracles abide, fulfilling my desires and doing what I came here to do. I synchronize.

### THE SEVENTH INTENT — SERVE OTHERS

I practice love in action. I always have enough to spare and enough to share.  
I am available to help those who need it. I serve others.

### THE EIGHTH INTENT — SHINE YOUR LIGHT

I am a magnificent being, awakening to my highest potential.  
I express myself with joy, smiling easily and laughing often. I shine my light.

### THE NINTH INTENT — SHARE YOUR VISION

I create my ideal world by envisioning it and telling others about it.  
I share my vision.

### THE TENTH INTENT — SYNERGIZE

I see Humanity as One. I enjoy gathering with light-hearted people regularly.  
When we come together, we set the stage for Great Oneness to reveal itself.  
We synergize.